



Registration Form

Saturday, April 4, 2015

8:00 a.m. – Check In / 8:45 a.m. – Walk Kick-off

Tribble Mill Park, 2125 Tribble Mill Parkway, Holly Pavilion, Lawrenceville, GA

Join us for our 5th Annual Diamond In The Rough 5K Wellness Walk/Run as we celebrate and educate girls of all ages while raising funds for a worthy cause. Our **Carats & Crowns 5K Wellness Walk/Run** is designed to raise awareness among youth and parents alike on the importance of developing strong girls in mind, body and spirit. This fun-filled event is open to the public and will include information, resources, entertainment and a scenic paved trail for both professional runners and walkers.

Registration

Race numbers may be picked up on race day starting at 8:00 a.m. at the Holly Pavilion (next to the playground). Each participant will receive a 5K Walk/Run T-shirt. The race will be held rain or shine and prizes will be awarded for top finishers. This event is sanctioned by USA Track and Field. The registration fees are as follows:

Amount

\$20/person – Early bird rate (before 3/15/15)

\$30/person – Regular rate (between 3/16/15 - 3/28/15)

Final Registration Deadline – 3/28/15

Please note there will be NO Onsite Registration

Return completed form with payment.



Sanctioned by USA Track & field

By Mail: Diamond In The Rough
2140 McGee Road, Suite C-640
Snellville, GA 30078

By Fax: (678) 376-9716

By Internet: www.ditr.org

By Phone: (678) 367-9676

Participant Information (please print)

Name _____ Age _____

Team/group/family (Optional) _____

Home Address _____

City, State Zip _____

Email _____

Home Phone _____ Cell Phone _____

Emergency Contact Name _____

Emergency Contact Phone _____

Are you a member of USA Track & Field? Yes No

Shirt Size:

Child Sizes: 4/6 8/10 12/14

Adult Sizes: Small Medium Large XL 2XL 3XL

Waiver: I know that running a road race is a potentially hazardous activity. I am in good physical condition to compete in this walk/run and assume all risks associated with my participation including, but not limited to, falls, contact with other participants, and the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I will not wear headsets or any device that restricts my hearing or other perception. In consideration of this entry, for myself and anyone entitled to act on my behalf, I waive and release Diamond In The Rough, the Board of Directors, USATF, race officials, volunteers, sponsors, and any others associated with this event. Furthermore, I hereby grant the agents of this event permission to use photos or any other record of me in this event.

Signature _____ Date _____

Note: Signature of Parent/Guardian required if Participant is a minor

Payment Information (Registrations will not be processed without payment.)

Check or Money Order Enclosed; **Payable to Diamond In The Rough**

VISA MasterCard American Express

Name (as it appears on card) _____

Billing Address _____

Amount _____ Expiration Date _____ Security Code* _____

Card Number _____

Signature _____